



# UMOVE(ME)

University of Minho OVErseas Mobility Experience

Application Guide - 1st Call

**Students + Teaching and non-teaching Staff** 





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## **Erasmus+ Programme**

Erasmus+ is the European Union (EU) programme in the fields of education, training, youth and sport for the period 2014-2020.

Erasmus+ provides opportunities for more than 4 million Europeans to study, train and gain work experience and perform volunteer work abroad, supporting cooperation and the development of partnerships between European institutions and other parts of the world.

## **UMOVE(ME)** - International Credit Mobility

The International Credit Mobility (ICM) is part of the Key Action 1 of the Erasmus+ Programme and allows a Higher Education Institution (HEI) in a partner country to send students, teaching and non-teaching staff into, respectively, studying, teaching and training missions to an HEI in a Program country and vice versa.

UMOVE(ME) is the UMinho project under ICM 2019, which allows UMinho to receive/send students, teaching and non-teaching staff from/to 41 partner countries outside Europe, namely Albania, Algeria, Argentina, Armenia, Australia, Belarus, Bolivia, Bosnia Herzegovina, Cambodia, Canada, Cape Verde, China, Colombia, Cuba, Georgia, Indonesia, Japan, Jordan, Kazakhstan, Kosovo, Kyrgyzstan, Laos, Lebanon, Malaysia, Mexico, Morocco, Mongolia, Mozambique, New Zealand, Palestine, Peru, Russia, South Africa, Syria, Taiwan, Thailand, Tunisia, Ukraine, United States of America, Uruguay and Vietnam.

#### UMOVE (ME) has a total of 153 scholarships/grants:

- 41 scholarships for students from partner countries to study at UMinho (SMS IN);
- 12 scholarships for students from UMinho to carry out a mobility period at HEIs in partner countries (SMS OUT);
- 32 grants for teaching staff from partner countries to teach at UMinho (STA IN);
- 26 grants for teaching staff from UMinho to teach at HEIs in partner countries (STA OUT);
- 21 grants for non-teaching staff from partner countries to carry out training missions at UMinho (STT IN);
- 21 grants for non-teaching staff from UMinho to carry out training missions at HEIs from partner countries (STT OUT).





## General Information about **UMOVE(ME)** 2019

## I - Partner Institutions

País	Universidades				
Albania	European University of Tirana				
Albailla	Universiteti Polis				
Algeria	University Abdelhamid Ibn Badis of Mostaganem				
Algeria	Université des Sciences et de la Technologie d´Oran				
Argentina	Buenos Aires University				
Argentina	Universidad Nacional Villa María				
	Armenian National Agrarian University				
Armenia	Gavar State University				
	Yerevan State University				
Australia	The University of Sydney				
Australia	University of Wollongong				
Belarus	Belarusian National Technical University				
Delarus	Belarusian State University				
Bolivia	Universidad Católica Boliviana "San Pablo" (UCB)				
Posnia /Harzagovina	University of East Sarajevo				
Bosnia/Herzegovina	University of Sarajevo				
Cambodia	Royal University of Phnom Penh				
	Carleton University				
	Georgian College				
Canada	Lakehead University				
Callaua	McMaster University				
	Université Laval				
	University of Ottawa				
Cape Verde	Universidade de Cabo Verde				
	Jinan University				
	Nankai University				
China	Shanghai University				
	Sun Yat-sen University				
	Zhuhai College of Jilin University				
	Universidad del Magdalena				
	Universidad del Rosario				
Colombia	Universidade del Valle				
	Universidad Industrial de Santander				
	Universidad Nacional de Colombia				
Cuba	Holguin University				





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	Batumi Shota Rustaveli State University			
Georgia	Caucasus University			
	Ilia State University			
	Tblisi State University			
	Universitas Indonesia			
Indonesia	University of Muhammadiyah Malang			
	Aichi Prefectural University			
Japan	Kanazawa University			
	Sophia University			
	Al-Balqa' Applied University			
	Al-Hussein Bin Talal University			
	Jordan University of Science and Technology			
Jordan	Princess Sumaya University for Technology			
	The Hashemite University			
	Yarmouk University			
	University of Petra			
	Almaty Management University			
Kazakhstan	Pavlodar State Pedagogical University			
Kosovo	Universum University College			
Kyrgyzstan	International Ataturk Alatoo University			
Laos	National University of Laos			
	Beirut Arab University			
Labanan	Modern University for Business and Science			
Lebanon	Notre Dame University			
	St. Joseph University			
Malayaia	University Kuala Lumpur			
Malaysia	Universiti Putra Malaysia			
	Universidad Autónoma del Estado de México			
Mexico	University of Guadalajara			
IVIEXICO	Universidad la Salle (Noroeste)			
	Universidad de Monterrey			
Mongolia	Mongolian University of Science and Technology			
Iviorigona	National University of Mongolia			
	Sidi Mohammed Ben Abdellah University			
Morocco	Université Euro-Mediterraneènne de Fes			
	Université Mohammed Premier			
	Universidade Eduardo Mondlane			
Mozambique	Universidade Lúrio			
	Universidade Pedagógica de Moçambique			
New Zealand	Massey University			
Palestine	An Najah National University			
i diestille	Al-Quds University			





	Birzeit University
	Islamic University of Gaza
	Palestine Polytechnic University
	Pontificia Universidad Católica del Perú
Peru	Universidad San Ignacio de Loyola (Peru)
	ITMO University
	Lomonosov Moscow State University
Russia	Moscow State Linguistic University
	St. Petersburg University
	Ural Federal University
Syria	Arab International University
South Africa	University of Pretoria
Taiwan	National Central University
	Asian Institute of Technology
	Burapha University
Thailand	Chiang Mai University
	Chulalongkorn University
	CIDI CHANAPATANA INTERNATIONAL DESIGN INSTITUTE
	Gabes University
Tunisia	Manouba University
Tuttisia	University of Monastir
	University of Sfax
	Ivan Franko Lviv National University
Ukraine	Odessa National Polytechnic University
Oktaine	Taras Shevchenko National University of Kyiv
	V. N. Karazin Kharkiv National University
	Delaware Law School
USA	The Pennsylvania State University
	University of Massachusetts Lowell
Uruguay	Universidad de Montevideo
	Hanoi University of Science and Technology
Vietnam	Hanoi University of Transport and Communication
	Viet Nam National Universirty Ho Chi Minh City





#### II - General Eligibility Criteria

To be eligible for an Erasmus+ scholarship under this project, all participants must have a contractual relationship to the University of Minho (UMinho) or to a Partner University.

**Students** must be enrolled full time at UMinho or in a partner Institution of Higher Education and enrolled in a level of studies leading to a recognized degree or a tertiary level of recognized qualification.

For **Undergraduate and Integrated Master Studies**: students must be enrolled at least in the second year of their higher studies to be eligible to undertake a period of mobility.

For **Master Studies**: students must have completed at least one semester at the institution of origin before completing a period of mobility.

For **Doctorate Studies**: students must have completed at least one year of studies and already have a research project.

**Teaching and non-teaching Staff**: must have a contractual relationship with UMinho or a partner institution in order to be eligible to apply for a scholarship. There are two types of mobilities:

Teaching mobilities: an activity that allows teaching staff to teach in a partner Higher Education Institution (HEI) abroad. Mobility of teaching staff can occur in any area of study/academic discipline. These teaching periods should last for a minimum period of 5 days and involve at least 8 hours of teaching.

Training mobilities: an activity that supports the professional development of teaching and non-teaching staff through training events abroad (excluding conferences) and periods of job shadowing/observation/training at a partner HEI. Given that the funding allocated to this last type of mobility is smaller when compared to teaching periods, in the case of UMinho, priority will be given to training periods involving non-teaching staff.

All applicants must receive formal support from their home institution by issuing a letter of support or by signing the Mobility Agreement (this document is mandatory at the application stage).

Erasmus+ allows students to complete different mobility periods, provided that the minimum duration for each activity and the maximum duration of 12 months per study cycle is respected. Teaching and non-Teaching Staff may perform several mobilities, provided that they are properly substantiated and submitted within different calls. Each candidate must submit only 1 application online, indicating a maximum of 3 options. If more than one application is submitted, the last submission will be considered.

After the selection, candidates admitted must meet the eligibility criteria of each host institution.

#### III - Types and duration of the scholarships/grants

Types of mobility available	Duration
Undergraduate and Integrated Master	4 or 5 months, according to the host/home country
Master	4 or 5 months, according to the host/home country
Doctorate	4 or 5 months, according to the host/home country
Teaching and non-Teaching Staff	5 days of teaching/training + 2 days travel





## Available scholarships/grants

Country	Students IN	Students OUT	Teaching Staff IN	Teaching Staff OUT	Non- Teaching Staff IN	Non- Teaching Staff OUT	TOTAL
Albania	1 (b)	1 (b)	0	0	1	1	4
Argelia	2 (b)	0	2	1	0	1	6
Argentina	1 (a)	0	0	0	0	1	2
Armenia	1 (b)	1 (b)	0	0	0	0	2
Australia	0	0	1	1	0	0	2
Belarus	2 (b)	0	1	0	0	1	4
Bolivia	0	0	0	1	1	0	2
Bosnia Herzegovina	1 (b)	1 (b)	0	0	0	0	2
Cambodia	1 (b)	0	1	1	0	0	3
Canada	0	1 (b)	0	1	0	1	3
Cape Verde	2 (a)	2 (a)(c)	2	3	2	3	14
China	0	0	1	1	0	1	3
Colombia	1 (a)	0	1	1	0	0	3
Cuba	0	0	1	0	1	0	2
Georgia	1 (b)	0	1	1	1	0	4
Indonesia	1 (b)	0	1	0	0	1	3
Japan	1 (b)	0	1	0	0	1	3
Jordan	1 (b)	1 (b)	0	1	1	0	4
Kazakhstan	1 (b)	0	1	1	0	0	3
Kosovo	1 (b)	0	1	1	2	0	5
Kyrgyzstan	0	0	0	0	1	0	1
Laos	1 (b)	0	0	1	1	0	3
Lebanon	2 (b)	0	0	1	1	0	4
Malaysia	1 (b)	0	1	1	0	0	3
Mexico	0	0	0	1	1	0	2
Mongolia	1 (b)	0	1	0	0	1	3
Morocco	2 (b)	0	1	0	0	1	4
Mozambique	2 (b)	0	0	1	1	0	4
New Zealand	0	0	0	1	0	0	1
Palestine	2 (a)	0	1	1	0	0	4
Peru	0	0	1	0	1	0	2
Russia	1 (b)+2 (d)	2 (b)	2	1	2	1	9 (11)
Syria	2 (b)	0	1	0	1	0	4
South Africa	3 (a)	1 (a)	2	2	2	2	12
Taiwan	0	0	1	0	0	0	1
Thailand	1 (b)	1 (b)(c)	1	0	0	1	4
Tunisia	2 (b)	0	1	0	0	1	4





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Ukraine	0	0	1	1	0	1	3
USA	1 (b)+1 (d)	1	1+1 (d)	0	1 (d)	1	4 (7)
Uruguay	1 (b)	0	1	1	0	0	3
Vietnam	1 (b)	0	1	0	0	1	3
TOTAL	41 (44)	12	32 (33)	26	21	21	153 (157)

- (a) Scholarship duration of 5 months
- (b) Scholarship duration of 4 months
- (c) Only Doctorate Students
- (d) Available scholarships from previous projects. In the case of teaching and non-teaching staff, the mobilities must take place until July 2020. In the case of students receiving a scholarship from previous projects, the mobilities must start in February 2020.

#### Important notes:

- Ottawa and Carleton Universities, in Canada, do not receive students from University of Minho (OUT).
- Ottawa University, Canada, requests Staff OUT to complete a specific form when contacting the university to obtain the pre-acceptance letter/email (the form will be available <a href="here">here</a>).
- Lakehead University, Canada, gives preference to teachers within the area of Chemical Engineering.
- Massey University, in New Zealand, only receives teaching staff within the areas of Textile Engineering, Fashion Design, Product Design and Visual Arts.

## **IV- Financial Support**

UMOVE(ME) project provides the following financial support to the grant holders:

- A) Stay allowance (the amount depends on the mobility's direction);
- B) Contribution for travel (defined by the distance between the grant holder's home city and the host city)

#### A) Stay Allowance

STUDENTS mobility (SMS)	Mobility periods: 4/5 months  From UMinho to the partner countries: <b>700 EUR/month</b> From the partner countries to UMinho: <b>850 EUR/month</b>
STAFF mobility (STA / STT)	Mobility periods: 5 days + 2 travel days The <i>per diem</i> amount:  From UMinho to the partner countries: <b>180 EUR/day</b> From the partner countries to UMinho: <b>160 EUR/day</b>





#### B) Contribution for Travel

Travel distances	Amount
Between 10 and 99 km	20 EUR
Between 100 and 499 km	180 EUR
Between 500 and 1999 km	275 EUR
Between 2000 and 2999 km	360 EUR
Between 3000 and 3999 km	530 EUR
Between 4000 and 7999 km	820 EUR
8000 km or more	1500 EUR

To verify your travel distance, please consult: https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator\_erasmus-plus/resources/distance

The financial support for 'distance travelled' is the maximum allowed by the Erasmus+ programme and is intended to contribute to round-trip travel between the home and host institutions. In case the amount allocated is insufficient to pay for the desired trip, the grant holder must find other sources of funding.

All selected participants are responsible for purchasing their own plane ticket, always respecting the mobility dates established and the minimum stay at the host institution. In the case of incoming participants, the refund of the value of the trip as well as the payment of the first instalment of the stay allowance is made by bank cheque on the day of arrival. In the case of students, the scholarship payments are made in 3 parts: 50% of the scholarship is paid upon arrival of the student at the host HEI, 30% half way the mobility period, and 20% is paid upon submission of the final report.

In the case of outgoing participants, the reimbursement of the value of the trip as well as the payment of the stay allowance is transferred to their bank account before the mobility takes place. In the case of students, the scholarship payments are made in 3 parts: 50% of the scholarship is paid when the Erasmus Contract is signed, 30% half way the mobility period, and 20% is paid upon submission of the final report.

## Application to the Project **UMOVE(ME)**

#### I – Application Preparation

In the preparation phase of the application, the candidate must follow the steps mentioned below:

- 1. Carefully read the application instructions;
- 2. Verify that you meet all eligibility criteria;
- 3. Make sure that you master the language of the course or the working language of the host institution;
- 4. Ensure that you have the required academic/professional background in terms of areas of study/work;
- 5. Collect all the information and documents necessary to submit your application;
- 6. Ensure that the project proposal is objective and specific about its methodology and feasibility, impact and benefits as well as the ability to achieve project objectives within the deadline established by the duration of the grant;





7. Make sure that the motivation presented in the application regarding the benefits of mobility and the expected outcomes is clear.

## II - Application

Students/Teaching and non-teaching staff from Partner Universities who wish to carry out a mobility period under UMOVE(ME) must submit their application online, using the following link <a href="http://bit.do/umoveme-in">http://bit.do/umoveme-in</a>.

Students/Teaching and non-teaching Staff from the University of Minho who wish to carry out a mobility period under UMOVE(ME) must submit their application online, using the following link <a href="http://bit.do/umoveme-out">http://bit.do/umoveme-out</a>.

Application documents required:





	Undergraduate and Integrated Master	Master	Doctorate	Teaching/Non-Teaching Staff		
Documents common to all types of mobility	- Copy of the passport (or other identification document); - Curriculum Vitae, using the Europass format (available at <a href="http://europass.cedefop.europa.eu">http://europass.cedefop.europa.eu</a> ); - Certificates of language skills (compulsory, if required by the host institution); - Letter of Motivation (maximum one page), explaining the reasons for the application, specific competences, academic interests, professional experience, commitment to return to the country of origin and benefits that the mobility grant will bring to the candidate and its context; - Proof of registration/contractual relationship with UMinho/Partner Institutions.					
Specific Documents	- Transcript of Records and/or Certificate of registration proving enrolment in this cycle of studies; - Proposed Learning Agreement: preliminary study plan to be developed at the host institution (available <a href="here">here</a> ), duly signed and approved by the Academic Coordinator of the relevant Department / area of studies, from the home institution.  Learning Agreements not signed or signed only by the student will not be accepted and the application will be rejected.	- Certificate of Qualifications related to the 1st cycle of studies; - Transcript of Records and/or Certificate of registration proving enrolment in this cycle of studies; - Proposed Learning Agreement: preliminary study plan to be developed at the host institution (available <a href="here">here</a> , duly signed and approved by the Academic Coordinator of the relevant Department / area of studies, from the home institution.  Learning Agreements not signed or signed only by the student will not be accepted and the application will be rejected.	- Certificates of Qualifications relating to all degrees and years of higher education attendance, including undergraduate, master's and doctoral studies; - Letter of Acceptance issued by the host institution, signed by the potential supervisor, certifying the acceptance of the candidate if the scholarship is granted. This Letter of Acceptance represents the guarantee that the application is adequate to the area of interest of the host institution. If you do not submit this document your application will be rejected Proposed Learning Agreement: preliminary Work Plan to be developed at the host institution signed and approved by the parties involved (available <a href="here">here</a> ). List of Academic Coordinators, by area, can be consulted <a href="here">here</a> .	<ul> <li>Preliminary work plan signed by the parties involved. List of Erasmus+ Coordinators, by area, can be consulted here.</li> <li>Preliminary work plan templates to be used by Teaching Staff and Non-Teaching Staff can be found here</li> <li>Preliminary work plans must be signed by the applicant, home and host institutions. An invitation e-mail from the host institution can be accepted.</li> </ul>		





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#### Eligibility Criteria

- Have sufficient knowledge of the language of instruction of the host university;
- Be enrolled at UMinho/Partner Institutions in a level course corresponding to the scholarship to which you want to apply, having the degree related to the previous university course;
- Undergraduate students must have completed at least 60 ECTS credits from university studies;
- 2nd cycle students must hold a bachelor's degree (1st cycle) or equivalent;
- Participants cannot benefit from other EU funded scholarship.

- Have a contractual relationship with UMinho/Partner Institutions.
- Have established prior contact with the host institution (List of Erasmus+ Coordinators, by area, can be consulted **here**);
- Have sufficient knowledge of the language of teaching/work of the host university or of one of the languages commonly used in the country of that university;
- Teaching/research or training missions should be defined through an agreement between teachers and non-teachers of the partner institutions;
- The home and host universities, as well as the candidates, should agree on the teaching or training program.
- Participants cannot benefit from other EU funded scholarship.
- Applications must be submitted in English, so the host institution is able to perform the evaluation.

**IMPORTANT:** Please note that the application will only be considered complete **when all the required documents are uploaded**. All documents must be uploaded in PDF format and the name of the participant must be included in the file's name. We stress that applications will only be accepted if submitted online by filling in the e-form. The application will only be definitely accepted when the selection process is completed and the final results are published by the International Relations Office.





#### **III- Deadlines for Application Submission**

#### 1st Call - 08/10/2019 - 15/11/2019 (Students + Teaching and non-teaching Staff)

2<sup>nd</sup> Call - to be defined according to existing vacancies

In the case of Teaching and non-teaching staff, periods of mobility may occur from **February 2020** onwards. We encourage non-teaching staff to participate in the UMinho International Week that will take place in between the  $11^{\text{th}}$  and the  $15^{\text{th}}$  of May 2020.

All mobilities must take place until May 2021. In the case of teaching and non-teaching staff receiving a scholarship from previous projects, the mobilities must take place until July 2020.

In the case of students, the beginning of the mobilities will be September 2020 or February 2021. In the case of students receiving a scholarship from previous projects, the mobilities must start in February 2020.

The calls are open to the entire academic community, both from the University of Minho and from the partner institutions, taking into account approved mobility flows and areas of common interest. The calls are launched via email.

#### IV- Evaluation and Selection of Candidates

#### **Selection Procedure**

- 1. Receiving the application
- 2. Validation by the home institution
- 3. Assessment by the home institution and by the host university
- 4. Candidates selection
- 5. Confirmation by host institution
- 6. Notification of the decision
- 7. Scholarship/Grant Agreement
- 8. Settling of the final mobility dates

The University of Minho will be responsible for receiving and validating all applications submitted within the above mentioned deadline. Applications received after the deadline will be excluded. For partner institutions applications, it will be up to each foreign HEI to validate and assess its candidates. Afterwards, all applications with a positive assessment will be forwarded for the analysis of potential host Schools/Institutes/Services of UMinho, which may give a positive or negative evaluation to the applications. In the case of UMinho, the candidates will initially be screened by the SRI in terms of eligibility, and subsequently submitted for evaluation of Academic Coordinators (for students and teaching staff) and UO Presidents/Services (in the case of non-teaching staff). All applications that receive a positive evaluation from UMinho will be forwarded for validation of their hosting HEIs. The final selection of all candidates will be made by UMinho, where a jury, composed by 3 members of UMinho will meet and decide the final award





of the scholarships/grants, taking into account criteria such as: academic merit, relevance of the work plan, balanced distribution of scholarships between Partner universities, gender balance, among others. The results will be communicated via email and will be published in the site <a href="https://alunos.uminho.pt/EN/students/mobilityprograms/Pages/ICM.aspx">https://alunos.uminho.pt/EN/students/mobilityprograms/Pages/ICM.aspx</a>

## **Mobility Implementation**

#### I – Obligations of Home and Host Institutions

**Travel** – All selected participants are responsible for purchasing their own plane ticket, always respecting the periods established for the mobility. In the case of incoming participants, the payment of the value of the trip (according to the EU table) is made by bank cheque on the day of arrival. In the case of outgoing participants, the payment of the value of the trip is transferred to their bank account before the mobility takes place.

**Stay Allowance** - A mobility agreement is signed between UMinho and the grant holder who defines the conditions, benefits and responsibilities related to the implementation of the project, as well as the schedule of the payments covered by the scholarship/grant.

**Visas** - If necessary, it is the responsibility of the scholarship holder to obtain a visa in their country of origin, always supported by the International Relations Offices of the host and home institutions. Each host institution shall issue the appropriate documents for selected students/staff to apply for a visa in accordance with national laws.

**Insurance** - UMinho reimburses (up to an established amount defined by the number of days of the mobility) the amount of the insurance to all students and teaching and non-teaching staff. All grantees are required to subscribe an insurance that includes medical expenses, liability, accidents, repatriation and legal assistance.

**Recognition** – In the case of students' mobility, it is mandatory that all partner institutions consider the study period undertaken abroad as an integral part of the study programme developed in the home institution. The home Higher Education Institution of the scholarship holder must guarantee the full academic recognition (including exams and other forms of evaluation) of the study period undertaken at the host institution, through the signature of the Learning Agreement, as long as the student has obtained a passing grade. Students must assure that the study plan is discussed with the responsible professor before the departure to the host institution and that all the necessary documents for the validation (recognition) process are provided in due time to the home institution.

The sending and hosting institutions should organize preparation sessions and integration activities for the grant holders as well as to support them in their search for accommodation and guarantee access to all the services offered by the universities.





#### II - Obligations of Grant Holders

The University of Minho reserves the right to request the total/partial reimbursement of the payment of the scholarship/grant if:

- The grant holder withdraws from the project in case of force majeure;
- The grant holder does not comply with the internal regulations of the host Institution;
- The grant holder does not comply with the internal regulations established by the home institution;
- The grant holder leaves the host institution;
- The grant holder doesn't fulfil the requirements of his study/work program;
- The grant holder does not meet the minimum mobility periods established by the Programme.

#### Other obligations:

- The grant holder cannot accept any other mobility grant awarded by the European Union, during the current scholarship/grant period;
- The grant holder must inform the sending and host institutions of any change in relation to the study/research/work period. If this happens, a new Learning Agreement/Work programme must be signed;
- At the end of the mobility period, all scholarship holders will receive the Transcript of Records
  detailing the results achieved. All students must obtain a positive mark in all subject areas/activities
  foreseen in their study program. In case this criterion is not fulfilled, UMinho will consult the
  Erasmus+ National Agency and the Legal Department in order to identify the procedures to be
  followed, which may result in the return of the scholarship;
- The grant holder is compelled to communicate (by email) to the sending and receiving institutions any difficulties experienced during the period of mobility, such as: language barriers; integration; communication with teachers; difficulty in obtaining study materials; health insurance; accommodation; etc.
- Teaching and non-teaching staff must comply with the established program, as well as the duration settled for the mobility – 5 working days plus 2 travel days. Failure to comply with these obligations may result in the non-payment or the return of the grant.

## **Information and Support**

For more information, please contact the International Relations Office of the home institution. In the case of the University of Minho please contact <a href="mailto:sri@sri.uminho.pt">sri@sri.uminho.pt</a>.

University of Minho awaits for your application.

GOOD LUCK!